



C.H.S.L.S.C.

Junior Information

2023/2024



What is Surf Life Saving Australia?

Surf Life Saving Australia (SLSA) is a unique not-for-profit community cause that exists to save lives, create great Australians and build better communities. The movement is funded through community donations, fundraising, corporate sponsorship and government grants. SLSA has 173,865 members and 314 affiliated Surf Life Saving Clubs. Surf Life Saving Australia represents the largest volunteer movement of its kind in the world. Since Surf Life Saving was established in 1907, we have rescued over 650,000 people.

Surf life saving exists to save lives, create great Australians and build better communities.

In addition to core services and responsibilities, SLSA also contributes to the community by:

- Training volunteer surf lifesavers and paid lifeguards to undertake rescues, administer first aid and take preventative actions to keep our beaches safe
- Providing helicopter, jet and offshore rescue boat services
- Managing and delivering surf sports events
- Developing and implementing community and school education programs

Surf Life Saving Australia is continually working to achieve our vision of zero preventable deaths in Australian waters.

LIFESAVERS IN TRAINING (LITS)

The Surf Life Saving Junior Activities Program has become one of Australia's most successful children's development and sporting programs. It encourages children to learn new skills and promotes the active involvement of parents, creating a learning environment from which both children and parents can benefit and which may someday save someone's life. This information booklet is a general guide to the Camden Haven Junior Activity Program we will conduct this year.

Why Join Nippers?

- ✓ Instruction in surf safety and surf awareness
- ✓ Lifesaving and first aid skill development
- ✓ Competitive sport activities
- ✓ Platform to senior patrolling duties
- ✓ To increase fitness and be involved in an active lifestyle
- ✓ Enjoyable social activity for children and parents
- ✓ Be an active and involved community member



Camden Haven SLSC History

Camden Haven Surf Life Saving Club (CHSLSC) commenced its service to the Camden Haven community in 1947 in a single-story building on the site where our existing building stands. Camden Haven SLSC has a proud history of being involved in junior and senior competitions, from sand to water events, and all age groups. In the 2017/2018 season, Camden Haven SLSC celebrated 70 years of service.

The past few seasons have seen Camden Haven SLSC succeed in being recognised as Mid North Coast Surf Club of the Year 3 years in a row. Our members also received great accolades, such as Mid North Coast Branch Life Saver of the Year and Rescue of the Year in 2017/18 season. Camden Haven SLSC is a proud community club.



Membership

Membership in junior activities (Nippers) is open to children who have already turned five by the start date of the current season. The other pre-requisite is that at least one parent joins the Club and is encouraged to join one of the volunteer groups to contribute to the running of club days and carnivals.



Age Groups

Junior Age Groups

Listed below are the age groups members will be in for the 2023/24 season. These age groups are determined as at midnight on 30 September 2023.

Birthdate between these dates	AGE GROUP
1 st October 2017 to 30 th September 2018	U6 (Surf Play One)
1 st October 2016 to 30 th September 2017	U7 (Surf Play Two)
1 st October 2015 to 30 th September 2016	U8 (Surf Aware One)
1 st October 2014 to 30 th September 2015	U9 (Surf Aware Two)
1 st October 2013 to 30 th September 2014	U10 (Surf Safe One)
1 st October 2012 to 30 th September 2013	U11 (Surf Safe Two)
1 st October 2011 to 30 th September 2012	U12 (Surf Smart One)
1 st October 2010 to 30 th September 2011	U13 (Surf Smart Two)
1 st October 2009 to 30 th September 2010	U14 (SRC)

Membership Fees

Family Membership (up to 4 children) - non-active member
\$120.00

Family Membership (up to 4 children) with an active*
member \$100.00

Individual Membership (active) - on roster \$30.00

Individual Membership (non-active) \$50.00

Nipper (Guardian / parent must join as a member) \$40.00

Seniors over 60 membership \$5.50

*Active Members: volunteer through Patrols, Bar shifts, Age
Managers.

**We accept Active Kids Vouchers and will be \$40 nipper
membership.**

**NB...PLEASE NOTE THIS IS ONLY FOR ONE CHILD AND THE
VOUCHER IS NOT REDEEMABLE FOR CASH.**

Nipper Days

Nippers runs fortnightly. Sign on is 9.30am, and we are on the beach by 10am. Nippers runs for approximately two hours and there will be a free sausage sizzle and you can purchase cold drinks. All children must be signed on by a parent or guardian at the start of Nippers and signed off at the end. This is extremely important to maintain safety.

Please check out our Facebook Page, Camden Haven SLSC for information about special events.

Parents/Guardians are also encouraged to join our closed Facebook page **Camden Haven SLSC Nippers** for up-to-date information. To join the Nippers page, please answer the pre-questions. We only allow parents and guardians of current nippers and we do our best to maintain privacy.

Surf Education

The main aim of Nippers is to teach its members surf safety, surf awareness and lifesaving development. The other aim is to have fun! Children earn accredited awards have in each age group. To be eligible to compete at carnivals, nippers must obtain these awards.

U6 Surf Play 1 U7 Surf Play 2

- Beach activities to emphasise games and group participation
- Water activities that are limited to shallow water near the water's edge
- No competition other than that involved in fun games

U8 Surf Awareness 1 U9 Surf Awareness 2

- Recall surf awareness information and basic emergency care procedures
- Perform introductory self-rescue skills
- Has completed run-swim run (U9)

U10 Surf Safe 1 U11 Surf Safe 2

- Apply surf awareness information
- Provide emergency care
- Communicate in the beach environment
- Has completed run-swim-run

U12 Surf Smart 1 U13 Surf Smart 2

- Apply surf awareness information • Provide emergency care • Operate communications systems and equipment
- Has completed run-swim-run

Resuscitation Certificate (U14 and up)

- Demonstrates resuscitation skills by the following
- Assessing an unconscious patient by checking for danger
- Assessing patient's airway and breathing • Assessing patient's response • Identify "signs of life" • Work in a team

U14 Surf Rescue Certificate

(need to be 13 years of age on exam date) • Apply surf awareness information • Provide emergency care • Operate communications systems and equipment • Work in a team • Communicate in the beach environment • Has completed run swim-run • Participate in an aquatic rescue operation • Demonstrates resuscitation skills

The SRC award is compulsory if members wish to compete beyond this age in the Senior ranks and to fulfil patrol obligations.

Age Managers

Specifically, an SLSA Age Manager will:

- Agree to abide by the code of conduct
- Be responsible for the groups safety and well-being
- Be responsible for the groups learning
- Make time to plan and prepare the activities delivered
- Foster a collaborative approach to group management
- Instil enjoyment and fun in what the children do
- Be a positive role model for SLSA and members of the organisation

Parents: Age Managers need helpers, and it's an excellent way to get involved. All volunteers are required to obtain their working with children check, which is free to obtain as a volunteer.

Visit <https://www.service.nsw.gov.au/transaction/apply-for-a-working-with-children-check>



Executive Committee

Michelle Garvan	President
Kate Dwyer	Vice President
Nicole Crowe	Director of Administration
Neil Hosick	Director of Finance
Tony Worton	Director of Lifesaving
Nicole Crowe	Registrar

Sub Committee

Bruce Cooper	Bar manager
Nicole Crowe	Junior Activities Coordinator
Nicole Crowe	Carnivals
Gary Hawkins, Nicole Crowe	Member Protection Information Officers and Child Protection Officers
Jessie Johnson	Uniforms and merchandise
Neil Hosick	Grants Officer/ Hall hire
Billy Miller, Sam Hannaford	Jr Club Captain

Contact Details

Michelle Garvan	President	0457 834 408
Kate Dwyer	Vice President	0419 798 796
Nicole Crowe	Junior Activities Coordinator	0490 939 571

NIPPERS CALENDAR 2023/24 SEASON

SEPTEMBER

Sunday 24th Rego / Open day 10am - 12pm @ CHSLSC
Saturday 30th Preliminary Swims 9am - 11am @ Kendall Pool

OCTOBER

Sunday 8th Preliminary Swims 10am - 12pm @ Kendall Pool
Saturday 14th Preliminary Swims 9am – 11am @ Kendall Pool
Sun 22nd Competition Evaluation Swim @ Grants Beach
Sun 22nd # 1 Nippers Day @ Grants Beach 9.30am Sign On

Please Contact Nicole Crowe 0490 939 571 for catch up preliminary Swims

NOVEMBER

Sun 5th # 2 Nippers @ Grants Beach 9.30am Sign On

Sun 19th # 3 Nippers @ Grants Beach 9.30am Sign On

DECEMBER

Sun 3rd # 4 Nippers @ Grants Beach 9.30am Sign On

Sun 17th # 5 Nippers @ Grants Beach 9.30am Sign On

Christmas Party

JANUARY - FIRST NIPPERS FOR 2024

Sun 28th - # 6 Nippers @ Grants Beach 9.30am Sign on

FEBRUARY

Sun 11th - # 7 Nippers @ Grants Beach 9.30am Sign on

Sun 25th - # 8 Nippers @ Grants Beach 9.30am Sign on

March

Sun 10th - # 9 Nippers @ Grants Beach 9.30am Sign on

Sun 24th - Nippers Presentation @ CHSLSC 10am Sign On

APRIL

Sun 5th -Nippers @ North Haven Beach 9.30am sign on

Sun 11th- Pool party. Location TBC.



Board Training – Will run on the opposite Friday to Nippers from 4.30 to 5.30pm at North Haven Baths opposite Moo and Bean Kitchen and Bar Cafe. This will be run by Tony Worton, Director of Lifesaving.

October

Friday 27th @ North Haven Baths

November

Fri 10th @ North Haven Baths

Fri 24th @ North Haven Baths

December

Fri 8th @ North Haven Baths

February

Fri 2nd @ North Haven Baths

Fri 16th @ North Haven Baths

March

Fri 1st @ North Haven Baths

Fri 15th @ North Haven Baths

Help!

Parent helpers are sometimes required, and it's a great way to get involved, "many hands make light work, " and the kids love to see their parents get involved, too. There is a requirement for helpers/volunteers to obtain a Working With Children Check for member safety and to ensure we meet the SLSC Child Protection Policy. As a volunteer, WWCC is free of charge and can be obtained through Service NSW.

We have a job roster. Please roster yourself to assist the volunteers in making the CHSLSC a better place for our families.

Jobs could include:

BBQ's - not just on nipper days, we do a lot of fundraising throughout the year and would always love to see new faces

Kitchen - a quick clean-up is required after each Nippers

Help with setting up for Nippers i.e. setting up sign on table caps on tables, water tubs and age group signs

Help in packing up i.e. Hosing down boards, packing away boards, rinsing off caps and pinkies to dry on the rack, and rinsing water tubs.



Code of Conduct

As an SLSA member, you should meet the following requirements regarding your conduct during any SLSA or CHSLSC-sanctioned activity:

- Respect the rights, dignity and worth of others
- Be fair, considerate, and honest in all dealings with others and be a positive role model
- Commit to providing quality service
- Be aware of and maintain an uncompromising adherence to SLSA standards, rules, regulations, and policies
- Demonstrate a high degree of individual responsibility, especially when dealing with persons under 18 years of age
- Contribute to the provision of a safe environment for the conduct of all activities within surf lifesaving
- Abide by the relevant role-specific codes of conduct

We look forward to seeing you all on the beach. Remember to **SWIM BETWEEN THE FLAGS!!!**